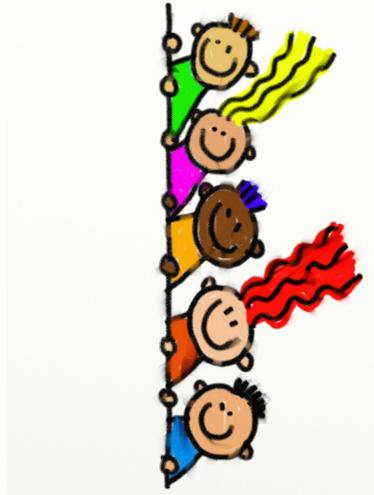


Can essential oils and non-toxic cleaning products help you run a healthier, happier day care? Sure they can!



Join us for a fun and interactive workshop that covers all the basics and introduces you to yummy smells and “green” ways to clean up those everyday messes.

Bring this invitation with you and we'll give you a bottle of non-toxic spray cleaner as a thank you.

Please RSVP if you'll be bringing a friend, and they can get a bottle of cleaner, too!

Where: Super 8 Conference Room  
1702 S Pokegama, Grand Rapids  
When: February 19, 6:30 p.m.  
Cost: Free and open to everyone  
RSVP: [evelyn@10000seeds.com](mailto:evelyn@10000seeds.com)  
or text to (218) 360-9184



Young Living Independent Distributor 764807

How can you use these basic 11 essential oils in your daycare? Here are just a few of the ways:

**Tea Tree Oil:** Make your own Owie or Diaper Rash cream

**Lavender Oil:** Diffuse 2-4 drops during naptime to help calm kids down

**Lemon Oil:** Use 1-2 drops to remove gum, marker and crayon from surfaces

**Peppermint Oil:** Diffuse 2-4 drops in the afternoon to help older kids focus on homework

**Stress Away Blend:** Apply a drop to yourself and offer a drop to stressed parents

**Purification Blend:** Diffuse 2-6 drops during cold & flu season

**PanAway Blend:** Mix with olive oil or coconut oil and massage your tense, tired muscles at the end of the day

**Joy Blend:** Offer a drop to angry or overwhelmed parents to help balance their mood

**Frankincense Oil:** Keep for yourself and use to heal skin, strengthen nails and improve concentration

**Citrus Fresh Blend:** Create your own spray cleaner to freshen diaper pails, changing areas and bathrooms

**Thieves Blend:** Create your own non-toxic spray cleaner for all surfaces (no need to rinse)

All of these Young Living Essential Oils are safe to use around children. Please ask parents' permission before applying directly to children. During our workshop we'll give you recipes and lots of safety information, so be sure to attend!

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